

Members attending are welcome to wear masks.

U3A lectures are for members only.

We regret we're unable to welcome visitors to our lectures – to do so would be unfair to those on the waiting list.

3 August Joy in Movement

Sharon Peck

Last year Anthony Bush gave a marvellous talk to the U3A on why “Movement is Medicine”. Sharon would like to develop this theme further by sharing with you the what, when, where and how to experience Joy in Movement.

10 August Humour in Music

Patrick Shepherd

This presentation asks “what is “humour in music”? Like humour itself, it is highly subjective, but what is “humour in music”? In answering this question, this presentation looks at the quirky, thought-provoking wit that tickles the mind to full-blown laugh-out-loud physical humour. We will also explore the origins of musical humour, exploring how it all started and how it has changed, along with some of the curiosities.

17 August Divas, Drama and Delight!

Rachael Walkinton

Rachael will reflect on the immense pleasure of her 11-year tenure as Chief of Staff at the Metropolitan Opera. Her role granted her unique access to the inner workings of a magnificent world, bringing her the profound joy of exquisite music and lifelong friendships with wildly talented people. From the enchanting experience of opening nights in the General Manager's box to the star-studded spectacle of New Year's Eve galas or listening to the world's best voices in rehearsal, Rachael illustrates how immersing oneself in world-class artistry provided some of the greatest, most joyful experiences of her life.

2026 PROGRAMME DATES:

SERIES 1: Mar 9, 16, 23

SERIES 4: Jun 8, 15, 22

SERIES 7: Sep 7, 14, 21

SERIES 2: Apr 13, 20

SERIES 5: Jul 6, 13, 20

SERIES 8: Oct 5, 12, 19

SERIES 3: May 11, 18, 25

SERIES 6: Aug 3, 10, 17

SERIES 9: Nov 9, 16, 23

Meetings

**are held at The West End Hall,
35a Maltby Avenue, Timaru.**

Lectures may start a few minutes before
1.30 pm and conclude about 2.30 pm,
with questions to follow.

Coffee/tea will be provided after the meeting.

**As a courtesy to our speakers
and other members, please**

be seated by 1.20 pm. wear your name tag.

turn your cell phone off. don't talk during lectures.

wait until the end of the lecture before asking questions.

stand when asking a question, and wait for the microphone.

OFFICE BEARERS AND COMMITTEE

President: Kevin Foley: telephone: (03) 686 2209
Vice President: Linda Gaskin
Treasurer: Jenny Ensor
Secretary: Léonie Litten: email: u3atimaru@gmail.com
Members: Bob Cumming, Peter Hall, Sharon Peck.

PLEASE NOTE:
Series 6 begins Monday
3 August 2026
at the West End Hall.