



University of the Third Age,  
Timaru

Series 9, 2020

# STATE OF THE NATION

Organised by Solome Mair and Jill Clarke

*U3A lectures are for members only.*

We regret we're unable to welcome visitors to our lectures.  
It would be unfair to those who have been on the waiting list for a year or more.

**2 November**      **Wero (challenges) facing 21<sup>st</sup> century Aotearoa**      *Dr Ganesh Nana*

Even before COVID-19 appeared, the people and communities of Aotearoa have been resting on several burning platforms. Uppermost are inequality and climate change, along with demographic change. However, those shoring up the status quo continue to exert considerable power to restrain or subvert the responses required. What is required for us to ensure that these wero (challenges) are confronted? Or, can responses be continually delayed or deferred?

**9 November**      **The oral health of older New Zealanders; what do we know from recent research?**      *Professor Murray Thomson*

Professor Thomson has been conducting research into the oral health of older people for four decades now. In this talk he will share the important findings from that work and discuss the lessons we can learn from it.

**16 November**      **Making food systems healthy, sustainable, equitable and prosperous**      *Professor Boyd Swinburn*

Unhealthy diets are our biggest cause of disease and health inequities. Agriculture contributes about half of New Zealand's greenhouse gas emissions and is the major cause of waterway contamination and loss of biodiversity. Food exports also contribute substantially to our national wealth. New Zealand could aspire to have the best food systems in the world but how can we re-orient them to deliver far more than they currently do?



**We hope you'll join us for a special end-of-year afternoon tea following the lecture on 16<sup>th</sup> November.**

**2021 PROGRAMME DATES:**

**SERIES 1:** Feb 22, Mar 1, 15    **SERIES 2:** Mar 29, Apr 12, 19    **SERIES 5:** Jul 5, 12, 19    **SERIES 6:** Aug 2, 9, 16  
**SERIES 3:** May 3, 10, 17    **SERIES 4:** May 31, Jun 14, 21    **SERIES 7:** Sep 6, 13, 20    **SERIES 8:** Oct 4, 11, 18  
**SERIES 9:** Nov 1, 8, 15

**U3A SUBSCRIPTIONS 2021:** The Committee has set the subscription for 2021 at \$40, and will give all current (2020) members a discount of \$15 because of the disrupted 2020 programme. This means that current members will pay \$25 for their 2021 subscription.

**Meetings**

West End Hall, 35a Maltby Avenue, Timaru.  
Lectures commence at 1.30 pm and conclude about 2.30 pm with questions to follow.  
Coffee/tea will be provided after the meeting.

*Please ...*

**Be seated by 1.20 pm**      Wear your name tag  
Turn your cell phone off      No talking during lectures  
Wait until the end of the lecture before asking questions  
Stand when asking a question, and wait for the microphone

**OFFICE BEARERS AND COMMITTEE**

**President:** Kevin Foley: Phone: (03) 686 2209  
**Vice President:** Reese Hart  
**Waiting List:** Kath Calvert: kathcalvert1@gmail.com; (03) 688 8696  
**Committee:** Jill Clarke, Solome Mair, Joan Harris  
**Treasurer:** Paul Gill: paulcynthia1@gmail.com; Phone (027) 220 4405  
**Secretary:** John Barton: u3atimaru@gmail.com; Phone (03) 686 2848

**Postal address**

U3A Timaru  
PO Box 4024  
Highfield  
Timaru 7942